



## TIGER TIPS



Group presentation and discussion on bowling strategy, tips and tactics. Find out a bit more about the mental approach to bowls.

**Thursday nights with Bushy 5:00 ~ 6:00pm**

### **Session 1 - Friday 16th October**

- Pennants is on. Game strategy
- How to get the best out of our team
- How do we change results
- Players roles and expectations by position
- The winning formula

### **Session 2 - Friday 12th November**

- What does it take to be a better bowler
- Practice v Play
- Developing a winning mindset
- Playing in tough conditions

Come along, grab a chair and join in the discussion.